

# Doing the Work

## A Guide For Settlers

### Reframe Your Thinking

There's a tendency to see the challenges of reconciliation in Canada as though Indigenous people are the problem. Think of settler colonialism as the problem.



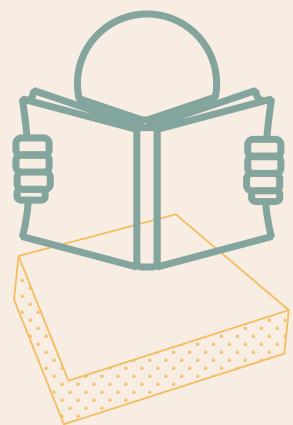
### Listen

Listen to Survivors. Listen to intergenerational Survivors. Listen to Indigenous scholars and activists. Don't center your own feelings about what you are hearing. Don't shy away from the discomfort – just listen.



### Learn The Truth

We need truth before reconciliation. Seek out knowledge about residential schools and their legacies without asking Indigenous people to do the work for you.



### Build Relationships

Everyday reconciliation takes place through mutually respectful and responsible relationships.



### Show Up!

Show up for Indigenous peoples in spaces where it is appropriate. Attend rallies, walks, and memorial events (yes, you are welcome). Write letters to politicians demanding the Calls to Action are fulfilled, or that documents be fully disclosed. Call out racism when you see it or hear it. Donate money to organizations that support residential school Survivors and their communities.

